



Epilepsy Awareness Workshop

Aim of this course:

The aim of this training is to increase awareness of Epilepsy. This awareness will help reduce the stigma and discrimination that still exists despite the introduction of the Equality Act (2010).

Increased awareness of how an individual may be affected by Epilepsy will assist staff to understand how they may feel, leading to how they may behave. This understanding enables staff to give more effective support to assist the individuals have **increased independence** and reduced risk.

This workshop is a stand-alone-course that has strong links to the NAPPI Positive Behaviour Support continuum. The more staff are aware about how an individual has been affected by epilepsy, the more that can be done to reduce **behaviour of concern** and empower them to have a better quality of life.

This 3 hour Epilepsy Awareness workshop covers the following modules:

- Definition of Epilepsy
- Classification/causes of Epilepsy
- Definition of a seizure
- Stress factors for seizures
- Parts and types of seizure
- Epilepsy First Aid
- Premature Death
- Supporting a person with Epilepsy
- Documentation for Epilepsy

Method of training:

A variety of presentation skills including demonstrations, discussions and group work. Performance objectives are established and checked after each module. Participant's performance is monitored and certificates issued that identify the modules successfully completed.

Important points to remember:

- This 3 hour workshop will start promptly at either 9.15 am and finish at 12.30 pm (if it is a morning session) or 1.30 pm and finish at 4.45 pm (if it is an afternoon session). Please allow ample time to get to the venue and find parking (if necessary).
- There will be a 15 minute comfort break during the workshop. Tea, coffee and biscuits will be available during these breaks.
- If you are attending both a morning and afternoon workshop there will be a break of 60 minutes between the sessions. Lunch is not provided.

Become an Epilepsy Awareness Trainer:

New to training?

1. Attend this workshop.
2. Attend a one-day Trainer Skill Development workshop. Contact NAPPI for details.
3. Provide a video recorded micro-teach delivery, you can be recognised as being an occupationally competent licensed Epilepsy Awareness trainer.
4. Purchase a trainer licence.

Are you a Trainer already?

1. Attend this workshop.
2. Evidence a Teaching or training qualification. Contact NAPPI for details.
3. Provide a video recorded micro-teach delivery, you can be recognised as being an occupationally competent licensed Epilepsy Awareness trainer.
4. Purchase a trainer licence.