



End of Life Care Awareness Workshop

Aim of this course:

The aim of this training is to increase awareness of what is meant by End of Life Care. This is important because (at some point) almost all health and social care staff will be involved with caring for someone approaching the end of their life.

Increased awareness will reduce the fear and stigma that can create barriers, that prevent conversations about things the individual wants to do, and where they want to be when they reach the end of the pathway. Good communication can support the individual, **To live as well as possible until they die** (National Council of Palliative Care, 2006).

This workshop is a stand-alone-course that has strong links to the NAPPI Positive Behaviour Support continuum. The more staff are aware about an individual, the more that can be done to reduce **behaviour of concern** and empower them "to live as well as possible until they die".

This 3 hour End of Life Care Awareness workshop covers the following modules:

- Introduction and Needs Assessment
- Definition & Statistics
- Terminology
- Communication
- The Gold Standard Framework
- Grief and loss
- Supporting others

Method of training:

A variety of presentation skills including demonstrations, discussions and group work. Performance objectives are established and checked after each module. Participant's performance is monitored and certificates issued that identify the modules successfully completed.

Important points to remember:

- This 3 hour workshop will start promptly at either 9.15 am and finish at 12.30 pm (if it is a morning session) or 1.30 pm and finish at 4.45 pm (if it is an afternoon session). Please allow ample time to get to the venue and find parking (if necessary).
- There will be a 15 minute comfort break during the workshop. Tea, coffee and biscuits will be available during these breaks.
- If you are attending both a morning and afternoon workshop there will be a break of 60 minutes between the sessions. Lunch is not provided.

Become an End of Life Care Awareness Trainer:

New to training?

1. Attend this workshop.
2. Attend a one-day Trainer Skill Development workshop. Contact NAPPI for details.
3. Provide a video recorded micro-teach delivery, you can be recognised as being an occupationally competent licensed End of Life Care Awareness trainer.
4. Purchase a trainer licence.

Are you a Trainer already?

1. Attend this workshop.
2. Evidence a Teaching or training qualification. Contact NAPPI for details.
3. Provide a video recorded micro-teach delivery, you can be recognised as being an occupationally competent licensed End of Life Care Awareness trainer.
4. Purchase a trainer licence.